# PRODUCT DATA SHEET BUFFERED C POWDER

# **DESCRIPTION** Dietary Supplement

# **Buffered C Powder**

Supplement Facts Serving Size: One Scoop Servings Per Container: 45	
Each (5g) Scoop Contains:	% DV
Vitamin C (as Ascorbic Acid) 2350 mg.	3917%
Calcium (Ascorbate reacted from	
Calcium Carbonate and Ascorbic Acid) 350 mg.	35%
Magnesium (Ascorbate reacted from	
Magnesium Carbonate and Ascorbic Acid) 350 mg.	87.5%
Potassium (Ascorbate reacted from	
Potassium Bicarbonate and Ascorbic Acid) 99 mg.	3%
Daily Value (DV)	

# C155 / Net wt. 8 oz. (227 g)

## **EXCIPIENT FREE**

This product does not contain wheat, gluten, corn, yeast, soy, egg, dairy products, or artificial colors, sweeteners, or flavors. This product also does not contain lactose, palmitic acid, or magnesium, calcium, or vegetable stearates.

#### **HOW SUPPLIED**

Buffered C Powder is supplied in bottles of 8 oz. bulk powder. Packed 12 bottles per case.

# **CONTRAINDICATIONS AND WARNINGS**

Extra large doses of Vitamin C (usually in excess of 10 g daily) have been associated with osmotic diarrhea, which resolves upon decreasing dosage.

High doses of Vitamin C may interfere with stool occult blood and urine glucose laboratory tests.

This product is contraindicated in a patient with a history of hypersensitivity to any of its ingredients.

#### **INTERACTIONS**

Vitamin C increases the intestinal absorption of non-heme iron.

Vitamin C intake at 2.5 grams for a two-month interval reduces serum copper stores without reducing copper levels below normal serum levels.

Coadministration of Vitamin C with chromium increases plasma chromium levels.

### **PREGNANCY WARNING**

A patient who is pregnant or nursing, or who might become pregnant, should consult a health-care practitioner before using this product.

#### DOSAGE

Adult patients: 1/2-1 scoop daily, or as otherwise directed by a health-care practitioner.

#### **STORAGE**

Store tightly sealed in a cool dry place, away from direct light. Keep out of the reach of children.

## **MANUFACTURED BY**

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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.